

## Disclaimer

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## ORGANIZATIONS AND SUPPORT GROUPS

### **National Hepatitis C Advocacy Council**

P.O. Box 1748

Oregon City, OR 97045

Phone: 503-632-9032

Fax: 503-632-9030

Internet address: [www.hepcnetwork.org](http://www.hepcnetwork.org)

The organizations listed below with an asterisk (\*) are members of the National Hepatitis C Advocacy Council. The National Hepatitis C Advocacy Council is an association of organizations that creates a unified voice, promotes ethical guidelines, and improves quality of services for people affected by hepatitis C. From this Internet address, you can reach all member sites.

### **African American Council on Liver Awareness (AACLA)**

10515 Blue Ridge Blvd. Suite 207

Kansas City, Missouri 64134

Phone: 1.888.436.HEPC (8472)

Office: 1.816.767.8472

Fax: 1.816.442.8089

Internet address: [www.aacla-national.org](http://www.aacla-national.org)

The African American Council on Liver Awareness (AACLA) is a national organization promoting viral hepatitis prevention, treatment and research in order to optimize the health of the African American community. Hepatitis C Multicultural Outreach and Strengthened by Grace Ministries are two outreach programs of the AACLA, offer free screening, testing and referral services to underserved communities.

### **AIDS Community Research Consortium (ACRC)**

1048 El Camino Real, Suite B

Redwood City, CA 94063-1633

Phone: 650-364-6563

Fax: 650-364-9001

Internet address: [www.acrc.org](http://www.acrc.org)

ACRC's mission is to improve health and quality of life through compassionate programs that address prominent and emerging public health concerns.

### **AIDS Treatment Data Network (The Network)**

611 Broadway, Suite 613

New York, NY 10012

Phone: 212-260-8868 or (800)734-7104, ext. 16 (toll free in New York)

Fax: 212-260-8869

Internet address: [www.atdn.org](http://www.atdn.org)

The Network provides local and national services to people with HIV and coinfecting with HCV/HIV. The Access Project (TheAccessProject@aol.com) is the agency's national treatment advocacy and access program. They advocate for patients and assist providers in obtaining treatments for hepatitis, HIV, and AIDS related conditions.

**Alert Health\***

660 Northeast 125th Street

North Miami, FL 33161

Phone: 877-HELP-4-HEP

Fax: 305-893-7998

Internet address: [www.hep-c-alert.org](http://www.hep-c-alert.org)

Founded as Hep-C ALERT, the organization was a pioneer in the hepatitis C field. ALERT Health's mission is to improve the health and quality of life for people at risk for chronic disease, by providing accessible, integrated preventive health services. ALERT's clients are offered a variety of counseling and screening options during a single encounter. Services include counseling and testing for hepatitis A, B and C, HIV, and STDs; on-site treatment for bacterial STDs; and vaccination to prevent liver and cervical cancers.

**American Liver Foundation\***

75 Maiden Lane, Suite 603

New York, NY 10038-4810

Phone: 212-668-1000 or 800-676-9340

Fax: 212-483-8179

Internet address: [www.liverfoundation.org](http://www.liverfoundation.org)

The American Liver Foundation is a national, voluntary, nonprofit health agency dedicated to preventing, treating, and curing hepatitis and all liver diseases.

**California Hepatitis Alliance\***

Center for Health Improvement

1330 21 Street, Suite 100

Sacramento, California 95811

Phone: 916-930-9200

Internet address: [www.calhep.org](http://www.calhep.org)

The California Hepatitis Alliance (CalHEP) seeks to reduce the scope and consequences of the hepatitis B and C epidemics, which disproportionately affect California's ethnic communities and the socioeconomically underserved. Committed to culturally competent public education and awareness, CalHep focuses on sound public health policy and advocacy to improve California's public health approach to liver wellness.

**Caring Ambassadors Hepatitis C Program\***

604 East 16<sup>th</sup> Street, Suite 201

Vancouver, WA 98663

Phone: 360-816-4186

Internet address: [www.HepCChallenge.org](http://www.HepCChallenge.org)

The Caring Ambassadors Hepatitis C Program is a national nonprofit organization devoted exclusively to meeting the needs of the hepatitis C community. The mission is to improve the lives of people living with hepatitis C through information and awareness.

**HCV Support\***

P.O. Box 1077

South Dennis, MA 02660

Internet address: [www.hcvsupport.org](http://www.hcvsupport.org)

HCV Support offers an informational forum and chat room for persons with Hepatitis C. They provide a place to post questions and share personal experiences regarding hepatitis C.

**Hep C Advocate Network (HepCAN)\***

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Longview, TX 75604

Phone: 903-291-9700

Internet address: [www.hepcan.org](http://www.hepcan.org)

HepCAN is devoted to legislative changes for more testing and treatment of HCV infected individuals on the state and national level. They also work to increase professional education about hepatitis C.

**Hep C Aware**

P.O. Box 3122

North Hollywood, CA 91609

Phone: 818-769-2701

Internet address: [www.hepcaware.org](http://www.hepcaware.org)

Hep C Aware's mission is to raise public awareness about hepatitis C through community events such as concerts, promotional materials, postcards, and other means.

**Hep C Connection\***

1325 S. Colorado Boulevard, B-302

Denver, CO 80222

Phone: 303-860-0800 or 800-522-4372

Fax: 303-860-7481

Internet address: [www.hepc-connection.org](http://www.hepc-connection.org)

Hep C Connection provides a hepatitis C network and support system to assist hepatitis C-challenged individuals and their families.

**Hepatitis C Association\***

1351 Cooper Road

Scotch Plains, NJ 07076

Phone: 866-437-4377

Fax: 908-561-4575

Internet address: [www.hepcassoc.org](http://www.hepcassoc.org)

The Hepatitis C Association focuses on educating the public, creating awareness, promoting organ donation, and offering support to hepatitis patients. They do this through publications, an Internet site, a 24-hour toll-free support line, awareness pins, and educational programs.

**Hepatitis C Support Project\***

P.O. Box 427037

San Francisco, CA 94142-7037

Phone: 415-587-8908

Internet address: [www.hcvadvocate.org](http://www.hcvadvocate.org)

The Hepatitis Support Project offers support to those who are affected by the hepatitis C virus (HCV). Support is provided through information and education, and access to support groups. The Project seeks to serve the HCV community and the general public.

**H.E.A.L.S of the South\***

PO Box 180813

Tallahassee, FL 32318

Phone: 850-443-8029

Internet address: [www.HEALSofttheSouth.org](http://www.HEALSofttheSouth.org)

The goal at HEALS is to expand awareness about liver health through educational programs, literature, and public speaking.

Young people, veterans, minorities, and prison populations are some of the groups targeted by HEALS. By educating the public, they hope to aid in the prevention of hepatitis in all its forms.

**Hepatitis Education Project\***

The Maritime Building

911 Western Ave #302

Seattle WA 98104

Phone: 206-732-0311

Internet address: [www.hepeducation.org](http://www.hepeducation.org)

The Hepatitis Education Project works to raise awareness about the facts concerning hepatitis patients and the resources available to help those who live with the disease..

**Hepatitis Foundation International**

504 Blick Drive

Silver Spring, MD 20904-2901

Phone: 301-622 4200

Internet address: [www.hepfi.org](http://www.hepfi.org)

Hepatitis Foundation International works to increase awareness of the worldwide problem of viral hepatitis, and to educate the public and health care providers about its prevention, diagnosis, and treatment.

**Help & Education for Liver Patients (HELP!)**

P.O. Box 2028

Santa Cruz, CA 95063-2028

Phone: 831-462-2979

Internet address: [www.myspace.com/help4hcv](http://www.myspace.com/help4hcv)

HELP! provides support, education, and advocacy for anyone affected by liver disease, especially hepatitis C. The Gordon's have experienced the progression of hepatitis C from having no symptoms to receiving a liver transplant. They provide patient support, community education, and public awareness through meetings, presentations, counseling, e-mail news (available upon request), and other services.

**Hepatitis Prevention, Education, Treatment and Support Network of Hawaii (HEPTS)\***

3254 Olu Street

Honolulu, HI 96816

Phone: 808-221-6204

Fax: 808-758-5797

E-mail: [KenAkinaka@aol.com](mailto:KenAkinaka@aol.com)

HEPTS is the only hepatitis B and C advocacy organization in Hawaii. It offers educational presentations and training opportunities for people with hepatitis and health care professionals.

**Hepatitis Research Foundation\***

RR 2 Box 12

Verbank, NY 12585

Internet address: [www.heprf.org](http://www.heprf.org)

The Hepatitis Research Foundation's mission is to raise money for research into new treatments for hepatitis.

**Latino Organization for Liver Awareness (LOLA)**

1560 Mayflower Avenue

Bronx, NY 10461

Phone: 718-892-8967

Internet address: [www.lola-national.org](http://www.lola-national.org)

LOLA is a bilingual, bicultural, volunteer organization dedicated to raising awareness of liver disease through prevention, education, and treatment-referral services.

**Liver Health Today\***

523 N. Sam Houston Parkway East, Suite 300

Houston, TX 77060

Phone: 281-272-2744

Fax: 281-847-5440

Internet address: [www.liverhealthtoday.org](http://www.liverhealthtoday.org)

Liver Health Today is the only national magazine dedicated to people with hepatitis B and C. The magazine is a bimonthly resource guide to assist hepatitis patients and their families in taking control of their health care by providing current, comprehensive information in one source.

**LiverHope\***

16807 Canterbury Drive

Minnetonka, MN 55345

Phone: 952-933-0932

Internet address: [www.liverhope.com](http://www.liverhope.com)

LiverHope provides support, promotes education, generates awareness, and advocates for quality medical care for all people with hepatitis in the metropolitan Minneapolis and St. Paul area of Minnesota.

**MO Hepatitis C Alliance**

601 Bus Loop 70 W., Suite 106

Columbia, Mo 65203

Phone: 866-434-1975

Internet address: [www.mo-hepc-alliance.org/2/2.htm](http://www.mo-hepc-alliance.org/2/2.htm)

The MO Hepatitis C Alliance mission is to provide education, testing, and follow-up care to all people affected by HCV in rural and Mid Missouri. They work to increase awareness of HCV to the general public, healthcare providers, and the corporate community.

**National Alliance of State and Territorial AIDS Directors (NASTAD)**

444 North Capitol Street, NW, Suite 339

Washington D.C. 20001

Phone: 202-434-8090

Internet address: [www.nastad.org](http://www.nastad.org)

NASTAD strengthens state and territory-based leadership, expertise, and advocacy and brings them to bear in reducing the incidence of HIV infection and on providing care and support to all who live with HIV/AIDS. NASTAD's vision is a world free of HIV/AIDS.

**National Viral Hepatitis Roundtable**

Internet address: [www.nvhr.org](http://www.nvhr.org)

The National Viral Hepatitis Roundtable is a coalition of public, private, and voluntary organizations dedicated to reducing the incidence of infection, morbidity, and mortality from viral hepatitis in the United States through strategic planning, leadership, coordination, advocacy, and research.

**New Mexico Hepatitis C Alliance\***

PO Box 1106

Albuquerque, NM 87048-1106

Phone: 505-314-6555

Internet address: [www.nmhpcalliance.org](http://www.nmhpcalliance.org)

The New Mexico Hepatitis C Alliance advocates for equal access to quality hepatitis C treatment, information, education, prevention, and support services for all individuals.

**Nor-Cal Hepatitis C Task Force\***

P.O. Box 3307

Yuba City, CA 95992

(530) 713-0090

(530) 671-7441 Support Line

Internet address: [www.norcalhepc.org](http://www.norcalhepc.org)

Nor-Cal Hepatitis C Task Force serves Northern California providing awareness, education and support to the medical community, the general public and those affected by the hepatitis C virus.

**San Luis Obispo Co. Hepatitis C Project\***

P.O. Box 15130

San Luis Obispo, Ca 93406

Phone: 805-543-4372

Internet address: [www.slohepc.org](http://www.slohepc.org)

The San Luis Obispo County Hepatitis C Task Force is dedicated to educational outreach, public awareness, and the on-going study of community needs regarding the impact of Hepatitis C in San Luis Obispo county.

**The Spears Foundation\***

4208 Old Hillsboro Road Suite 8

Franklin, TN 37064

Phone: 888-773-2779

Internet address: [www.helpwithhepc.org](http://www.helpwithhepc.org)

The Spears Foundation works to provide current and accurate information about the potentially dangerous liver disease, hepatitis C by enabling people to identify whether they may be at risk and encourage testing.

**Status C Unknown\***

P.O. Box 735

Medford, NY 11763

Phone: 631-776-8095

Toll-Free 866-466-5086

Internet address: [www.statusCunknown.org](http://www.statusCunknown.org)

Status C Unknown is an awareness organization that is dedicated to dispelling myths regarding hepatitis C. They provide support and education to all communities.

**Treatment Action Group**

611 Broadway, Ste. 308

New York, NY 10012-2608

Phone: 212-253-7922

Internet address: [www.aidsinfonyc.org/tag/index.html](http://www.aidsinfonyc.org/tag/index.html)

The Treatment Action Group's Hepatitis/HIV Project collaborates with activists, community members, scientists, government, and drug companies to make life-saving information, prevention, and safer, more tolerable, and more effective treatment for viral hepatitis and HIV available to all people who need it. It forges coalitions with activists worldwide to demand universal access to prevention, care and treatment for viral hepatitis and HIV.

**Veterans Aimed Toward Awareness (VATA)\***

111 West Main St.  
Middletown, DE 19709  
Phone: 302-378-1415

VATA is a member-run organization of veterans. Their outreach and advocacy is by and for the men and women who served in the nation's military services and their families. VATA seeks political and social change within the veteran's health system, the community, our state, and our country.

**GENERAL MEDICAL INFORMATION INTERNET SITES THAT INCLUDE INFORMATION ABOUT HEPATITIS C****Aetna Intellihealth**

Internet address: [www.intelihealth.com](http://www.intelihealth.com)

This site is sponsored by the Aetna, Inc., an insurance company that is part of a larger international conglomerate. This site features Harvard Medical School's Consumer Health Information.

**The Alternative Health News On-Line**

Internet address: [www.altmedicine.com](http://www.altmedicine.com)

The Alternative Health News On-Line site provides information on alternative and conventional medicine as it relates to various health issues including hepatitis.

**The American Association of Naturopathic Physicians**

Internet address: [www.naturopathic.org](http://www.naturopathic.org)

This official site of the American Association of Naturopathic Physicians offers a variety of resources on naturopathic medicine including a message board, library, and a naturopathic physician finder.

**The American College for Advancement in Medicine (ACAM)**

Internet address: [www.acam.org](http://www.acam.org)

The American College for Advancement in Medicine (ACAM) is a nonprofit medical society dedicated to educating physicians and other health care professionals on the latest findings and emerging procedures in preventive/nutritional medicine. ACAM's goals are to improve skills, knowledge, and diagnostic procedures as they relate to complementary and alternative medicine, to support research, and to develop awareness of alternative methods of medical treatment.

**The American Board of Medical Specialties (ABMS)**

Internet address: [www.certifieddoctor.org](http://www.certifieddoctor.org)

The American Board of Medical Specialties (ABMS) site has a public education program, a physician locator, and information services. The board certification status, location by city and state, and specialty of any physician certified by one or more of 24 member boards of the ABMS can be checked through this site. This service is free to consumers. Listed physicians have subscribed to be included in this service.

**The American Medical Association (AMA)**

Internet address: [www.ama-assn.org](http://www.ama-assn.org)

The American Medical Association (AMA) site has a consumer health section that includes links to general health issues, specific conditions, your body, your family's health, Kids Health Club, Doctor Finder, Hospital Finder, and a Medical Group Practice Finder. The nutrition section has information on such things as vitamins and fitness. It also has a medical glossary. There is a link to recipes, and new ones are posted every two weeks. This link also has information on health-oriented cookbooks and nutritional resources.

**Benson-Henry Institute for Mind Body Medicine**

Internet address: [www.mbmi.org](http://www.mbmi.org)

The Benson-Henry Institute for Mind Body Medicine at Massachusetts General Hospital is a world leader in the study, advancement, and clinical practice of mind/body medicine. The BHI provides outpatient medical services, training for health professionals, corporate and school-based programs, women's health services, and affiliation for national and international health care systems.

**The British Medical Journal**

Internet address: [www.bmj.com](http://www.bmj.com)

The British Medical Journal is a free publication with up-to-date information about hepatitis C, among many other topics.

**Center for Mindfulness in Medicine, Health Care, and Society (CFM)**

Internet address: [www.umassmed.edu/cfm](http://www.umassmed.edu/cfm)

The Center for Mindfulness is an innovative leader in mind-body medicine and mindfulness-based treatment and research investigations, pioneering the integration of meditation and mindfulness into mainstream medicine and health care. They offer a number of pathways for people to cultivate a sense of well-being, confidence, and creativity.

**CenterWatch**

Internet address: [www.centerwatch.com](http://www.centerwatch.com)

CenterWatch is a clinical trials listing service of industry and government sponsored trials including recently FDA approved drug therapies.

**ClinicalTrials.gov**

Internet address: [www.clinicaltrials.gov](http://www.clinicaltrials.gov)

This site is sponsored by the National Cancer Institute. It provides current information on many clinical trials.

**ConsumerLab.com**

Vitamins, herbs, and other supplements are not regularly tested by any government organization. ConsumerLab.com continually evaluates nutritional supplements in a laboratory environment. It also investigates problems with drugs.

**Doc Misha's Chicken Soup Chinese Medicine**

Internet address: [www.docmisha.com](http://www.docmisha.com)

This site has general information about Chinese medicine. There is specific information about HIV/AIDS and hepatitis C.

**Dr. Koop.com**

Internet address: [www.drkoop.com](http://www.drkoop.com)

Dr. Koop is a former United States Surgeon General. This site provides up-to-date information on hepatitis C and available treatments.

**Dr. Weil.com**

Internet address: [www.drweil.com](http://www.drweil.com)

Dr. Andrew Weil is a leader in the integration of western medicine and the exploding field of alternative medicine. This site has extensive information about integrated medicine.

**Dr. Zhang.com**

Internet address: [www.dr-zhang.com](http://www.dr-zhang.com)

This site provides information on modern Chinese medicine specifically related to hepatitis C. There is also information about some other diseases such as Lyme disease and inflammatory bowel syndrome.



**eBioCare.com**

Internet address: [www.eBioCare.com](http://www.eBioCare.com)

This site provides information on risk factors, lifestyle, diet, and treatment options for people living with hepatitis C.

**The Glycemic Index**

Internet address: [www.glycemicindex.com/](http://www.glycemicindex.com/)

Not all carbohydrate foods are created equal, in fact they behave quite differently in our bodies. The glycemic index or GI describes this difference by ranking carbohydrates according to their effect on our blood glucose levels.

**Harvard School of Public Health Nutrition Source**

Internet address: [www.hsph.harvard.edu/nutritionsource/index.html](http://www.hsph.harvard.edu/nutritionsource/index.html)

Harvard School of Public Health Nutrition Source is to provide timely information on diet and nutrition for clinicians, allied health professionals, and the public.

**Healthfinder**

Internet address: [www.healthfinder.gov](http://www.healthfinder.gov)

The Healthfinder site is easy to navigate and has a tremendous amount of information. There is a lot of good information on hepatitis C and non-western medicine under the "Hot Topics" section. The non-western medicine information includes links for general information, therapies, nutrition and lifestyle information, quackery and fraud, training and associations, and other topics.

**Health World On-line**

Internet address: [www.healthy.net](http://www.healthy.net)

This comprehensive site provides access to information on a variety of therapies including acupuncture, Ayurveda, Chinese medicine, chiropractic medicine, homeopathy, and others. There are links to finding a health care provider in several different disciplines. This site has links to information on several diseases and conditions including hepatitis.

**The Hepatitis B Foundation**

Internet address: [www.hepb.org](http://www.hepb.org)

The Hepatitis B Foundation is a national nonprofit organization dedicated to finding a cure for hepatitis B and improving the quality of life of people affected by the illness. There are Chinese, Korean, and Vietnamese language versions of this site.

**Hepatitis C Advocacy**

Internet address: [www.hepcadvocacy.org](http://www.hepcadvocacy.org)

This site is dedicated to providing up-to-date information on hepatitis C, HIV, and HCV/HIV co-infection as it relates to federal and state lobbying efforts, and HIV and HCV public policies and funding programs.

**Hepatitis C Meditations**

Internet address: [www.HepCMeditations.org](http://www.HepCMeditations.org)

Hepatitis C Meditations offers a meditation CD to help meet the challenges that hepatitis C brings.

**Hepatitis Central**

Internet address: [www.hepatitis-central.com](http://www.hepatitis-central.com)

Hepatitis Central offers extensive information about all forms of hepatitis including hepatitis A, B, C, D, E, G, autoimmune hepatitis, and more.

### **Hepatology**

Internet address: [www.hepatology.org](http://www.hepatology.org)

This site provides access to Hepatology, the official journal of the American Association for the Study of Liver Diseases.

### **HIVandHepatitis.com**

Internet address: [www.HIVandHepatitis.com](http://www.HIVandHepatitis.com)

The staff of HIV and Hepatitis.com state their common objective is to create a quality online publication that provides accurate, timely and cutting-edge information about treatment for HIV/AIDS, chronic hepatitis B and hepatitis C, and co-infection with HIV/HCV and HIV/HBV. This site has an extensive list of consulting editors who review all materials before posting.

### **ITM On-line (Institute for Traditional Medicine)**

Internet address: [www.itmonline.org](http://www.itmonline.org)

This is the site of the Institute for Traditional Medicine. The Articles section has a Disorders Index that will take you to articles on hepatitis C. The START Index has good basic information on a wide variety of topics including acupuncture, the best time of day to take herbs, qi gong, the immune system, pregnancy, and Chinese herbs.

### **The Lancet**

Internet address: [www.thelancet.com](http://www.thelancet.com)

The Lancet is a peer-reviewed medical journal. You are able to search for articles on hepatitis C and are able to view the abstracts free of charge; full text articles can be viewed for a fee.

### **Lab Tests Online**

Internet address: [www.labtestsonline.org/understanding/index.html](http://www.labtestsonline.org/understanding/index.html)

Lab Tests Online is designed to help patients and caregivers better understand the many clinical lab tests that are part of routine care as well as diagnosis and treatment of a broad range of conditions and diseases.

### **National Association of County Veteran Service Officers**

Internet address: [www.nacvso.org](http://www.nacvso.org)

The National Association of County Veterans Service Officers is an organization made up of local government employees. Their members are tasked with assisting veterans in developing and processing their claims.

### **National AIDS Treatment Advocacy Project (NATAP)**

Internet address: [www.natap.org](http://www.natap.org)

The NATAP mission is to educate individuals about HIV and hepatitis treatments and to advocate on the behalf of all people living with HIV/AIDS and HCV. The information on the site is scientifically oriented, abundant, and comprehensive in its coverage of both HIV and hepatitis. The site is regularly updated with new articles, studies, and highlights from various major conferences.

### **National Center for Complementary and Alternative Medicine (NCCAM)**

Internet address: [www.nccam.nih.gov](http://www.nccam.nih.gov)

The National Center for Complementary and Alternative Medicine (NCCAM) at the National Institutes of Health (NIH) conducts and supports basic and applied research and training and disseminates information on complementary and alternative medicine to practitioners and the public. There are sections on health information, current and completed research, news and events, and alerts and advisories.

### **The New England Journal of Medicine**

Internet address: [www.nejm.org](http://www.nejm.org)

This is the site of the well-respected medical journal, The New England Journal of Medicine. It provides access to the PubMed database from which you can search for and order medical journal articles on hepatitis C.

**Net Wellness**

Internet address: [www.netwellness.com](http://www.netwellness.com)

This site is sponsored by the University of Cincinnati but is a joint project of Case Western Reserve University, Ohio State University, and the University of Cincinnati. The site is a consumer health information site and has sections on current health news, health topics, clinical trials and more.

**Oasis, Inc.**

Internet address: [www.oasisclinic.org](http://www.oasisclinic.org)

The Organization to Achieve Solutions in Substance Abuse (O.A.S.I.S.) is a nonprofit organization. The primary mission of Oasis is to provide low-cost, subsidized medical care, clinical research studies, and provision of and/or access to social and vocational rehabilitation services for medically marginalized former or current drug and alcohol users.

**United Network for Organ Sharing**

Internet address: [www.unos.org](http://www.unos.org)

This is the site of the United Network for Organ Sharing whose mission is to advance organ availability and transplantation. The site has news articles related to organ transplantation.

**U.S. Pharmacopeia (USP)**

Internet address: [www.usp.org](http://www.usp.org)

In pursuit of its mission to promote public health, U.S. Pharmacopeia establishes state-of-the-art standards to ensure the quality of medicines for human and veterinary use. USP also develops authoritative information about the appropriate use of medicines. The site has prescription drug information and information about supplements.

**The VA National Hepatitis Program**

Internet address: [www.hepatitis.va.gov](http://www.hepatitis.va.gov)

The Veterans Affairs National Hepatitis C Web site provides information about viral hepatitis for health care providers inside and outside the VA system, veterans, and the general public. The "Patient's Corner" area of the site has basic information on hepatitis C for patients, their families, and the general public.

**WebMD**

Internet address: [www.webmd.com](http://www.webmd.com)

This site is owned by WebMD Corporation. This is a comprehensive on-line resource committed to providing general health information and support. The site is extensive.

**Wholistic Healing Research**

Internet address: [www.WholisticHealingResearch.com](http://www.WholisticHealingResearch.com)

Wholistic approaches empower patients to participate in their own health care. The WHR site is a gateway for you to connect with many wholistic healing approaches through more than 900 pages of references and gateways to experiential learning.

**INTERNET SITES ON HARM REDUCTION AND SUBSTANCE ABUSE RESOURCES AND TREATMENT****American Association for the Treatment of Opioid Dependence (AATOD)**

Internet address: [www.aatod.org](http://www.aatod.org)

AATOD was founded to enhance the quality of patient care in treatment programs by promoting the growth and development of comprehensive methadone treatment services throughout the United States. AATOD works with federal agencies and state substance abuse authorities concerning opioid treatment policy. The organization offers a program for providers entitled, the Hepatitis Education Training for Opioid Treatment Providers.

### **Centers for Disease Control and Prevention/Injection Drug Users**

Internet address: [www.cdc.gov/ncidod/diseases/hepatitis/c/index.htm#idu](http://www.cdc.gov/ncidod/diseases/hepatitis/c/index.htm#idu)

This location on the CDC site has links to sources of information about viral hepatitis and its prevention in the setting of injection drug use.

### **Chicago Recovery Alliance (CRA)**

Internet address: [www.anypositivechange.org/menu.html](http://www.anypositivechange.org/menu.html)

CRA is a racially and ethnically diverse group composed of people living with HIV and drug use, working in addiction treatment, health care, education, law and assorted other areas. See also CRA's better vein care/safer injection guide at [www.anypositivechange.org/bvcsi.htm](http://www.anypositivechange.org/bvcsi.htm).

### **Florida Hepatitis and Liver Failure Prevention and Control Program**

Internet address: [www.doh.state.fl.us/disease\\_ctrl/aids/hep/index.html](http://www.doh.state.fl.us/disease_ctrl/aids/hep/index.html)

Operated by the Florida Department of Health, this site provides viral hepatitis information, and hepatitis vaccine and testing availability. The Florida Hepatitis C Hotline is toll free at 1-866-FLA-HEPC. The hotline provides hepatitis C education and describes testing options.

### **Harm Reduction Coalition (HRC)**

Internet address: [www.harmreduction.org](http://www.harmreduction.org)

The Harm Reduction Coalition is committed to reducing drug-related harm among individuals and communities by initiating and promoting local, regional, and national harm reduction education, interventions, and community organizing. HRC fosters alternative models to conventional health and human services and drug treatment; challenges traditional client/provider relationships; and provides resources, educational materials, and support to health professionals and drug users in their communities to address drug-related harm.

### **Immunization Action Coalition, Model Programs for Hepatitis A, B, and C Prevention**

Internet address: [www.hepprograms.org/drug/index.asp](http://www.hepprograms.org/drug/index.asp)

This location on the Immunization Action Coalition Internet site provides links to harm reduction programs and resources.

### **Lifeguard Harm Reduction Services**

Internet address: [www.lifeguardonline.org](http://www.lifeguardonline.org)

Lifeguard Harm Reduction Services is part of the Partnership for Increasing Harm Reduction Services (PIHRS). This collaborative effort is designed to provide comprehensive harm reduction services for persons who inject drugs.

### **National Development and Research Institutes, Center for Drug Use and HIV Research**

Internet address: [cduhr.ndri.org](http://cduhr.ndri.org)

CDUHR is funded by the National Institute on Drug Abuse. It is the first center for the socio-behavioral study of drug use and HIV in the United States. The Center is dedicated to increasing the understanding of the drug use-HIV/AIDS epidemic, particularly among high-risk individuals. The goal of the Center is to advance knowledge regarding social-level and other influences on HIV-related risk behavior, prevention and transmission. In addition, the Center facilitates the development of timely new research efforts and disseminates information to researchers and service providers.

### **North American Syringe Exchange Network (NASEN)**

Internet address: [www.nasen.org](http://www.nasen.org)

NASEN is dedicated to the creation, expansion and continued existence of syringe exchange programs as a proven method of stopping the transmission of blood borne pathogens in the injecting drug using community. Site contains numerous links to harm reduction information.

**Substance Abuse and Mental Health Services Administration (SAMHSA)**

Internet address: [www.samhsa.gov](http://www.samhsa.gov)

SAMHSA is an agency of the U.S. Department of Health and Human Services. SAMHSA's vision is a life in the community for everyone. SAMHSA's mission is to build resilience and facilitate recovery for people with or at risk for substance abuse and mental illness. The SAMHSA site has subsections including, but not limited to: services for HIV/AIDS and hepatitis ([www.samhsa.gov/Matrix/matrix\\_HIV.aspx](http://www.samhsa.gov/Matrix/matrix_HIV.aspx)) buprenorphine for the treatment of opiate addiction ([www.buprenorphine.samhsa.gov](http://www.buprenorphine.samhsa.gov)) substance abuse treatment facility locator ([findtreatment.samhsa.gov](http://findtreatment.samhsa.gov)) center for substance abuse treatment ([csat.samhsa.gov](http://csat.samhsa.gov))

**INTERNET RESOURCES FOR INFORMATION ON HEALTH CARE PROVIDERS****A Note About Fee-Based Referral Services**

Many referral services are fee-based, which means that while they may be free for you to access, health care providers pay a fee to be listed. Therefore, these services do not guarantee the experience level of the health care provider, they just provide general information. It is up to you to find out if a health care provider listed with these services has experience with hepatitis C.

**Information and Referral Resources on the Internet for Western (Allopathic and Osteopathic) Healthcare Providers****American Board of Family Medicine (ABFM)**

Internet address: [www.theabfm.org](http://www.theabfm.org)

The mission of the ABFM is to promote excellence in medical care through educational and scientific initiatives. Through certification and maintenance of certification programs the ABFM pursues its mission by establishing, maintaining, and measuring high standards of excellence in the specialty of Family Medicine. The ABFM seeks to provide assurance to the public that certified family physicians possess the knowledge, skills and attitudes necessary to provide quality care to the individual, family and community through commitment to professional standing, continued competency in the specialty of Family Medicine, and lifelong learning.

**American Board of Internal Medicine (ABIM)**

Internet address: [www.abim.org](http://www.abim.org)

For more than 70 years, Certification by the ABIM has stood for the highest standard in internal medicine and its 18 subspecialties and has meant that internists have demonstrated – to their peers and to the public – that they have the clinical judgment, skills and attitudes essential for the delivery of excellent patient care. ABIM is not a membership society, but a non-profit, independent evaluation organization. Our accountability is both to the profession of medicine and to the public.

**American Board of Medical Specialties (ABMS)**

Internet address: [www.certifieddoctor.org](http://www.certifieddoctor.org)

This site has a public education program, a physician locator, and information services. You can verify the board certification status, location by city and state, and specialty of any physician certified by one or more of the 24 member boards of the ABMS. This service is free to consumers but physicians have subscribed to be listed in this service.

**American Medical Association**

Internet address: [www.ama-assn.org](http://www.ama-assn.org)

The Doctor Finder link or AMA Physician Select allows you to search for a physician by name or medical specialty.

**American Society of Clinical Hypnosis**

Internet address: [www.asch.net](http://www.asch.net)

The American Society of Clinical Hypnosis is the largest U.S. organization for health and mental health care professionals using clinical hypnosis. The site offers a free patient referral system.

**National Association of County Veterans Service Officers**

Internet address: [www.nacvso.org](http://www.nacvso.org)

This site is for veterans who need to locate a local Veterans Service Officer.

**Information and Referral Resources on the Internet for Non-Western Healthcare Providers**

**American Institute of Homeopathy**

801 North Fairfax Street, Suite 306

Alexandria, VA 22314

Phone: 703-246-9501

E-mail: [aih@bigplanet.com](mailto:aih@bigplanet.com)

Internet address: [www.homeopathyusa.org](http://www.homeopathyusa.org)

**American Naturopathic Medical Association**

P.O. Box 96273

Las Vegas, Nevada 89193

Phone: 702-897-7053

Internet address: [www.anma.com](http://www.anma.com)

The American Naturopathic Medical Association will make referrals to naturopathic physicians and homeopathic practitioners.

**HealthWorld On-Line**

Internet address: [www.healthy.net](http://www.healthy.net)

This comprehensive site provides links to resources for help in finding a health care provider in several different disciplines.

**Institute for Traditional Medicine (ITM)**

Internet address: [www.itmonline.org](http://www.itmonline.org)

This site has extensive information about CAM disciplines. There are also direct links to other sites on topics such as Chinese medicine, Tibetan medicine, Ayurvedic medicine, Native American medicine, western medicine, and others.

**Healthfinder**

Internet address: [www.healthfinder.gov](http://www.healthfinder.gov)

This site is sponsored by the U.S. Department of Health and Human Services. In addition to a Health Library, the section entitled Health Care has extensive information about finding quality health care.

**CONSUMER AND GOVERNMENT RESOURCES**

**Americans with Disabilities Act Information Line**

Phone: 800-514-0301 (voice) or 800-514-0383 (TDD)

**Centers for Disease Control and Prevention**

Internet address: [www.cdc.gov](http://www.cdc.gov)

**Consumer Health Information Research**

Phone: 816-228-4595

**Department of Justice**

Internet address: [www.usdoj.gov](http://www.usdoj.gov)

**Equal Employment Opportunity Commission**

For questions:

Phone: 800-669-4000 (voice) or 800-669-6820 (TDD)

To request documents:

Phone: 800-669-3362 (voice) or 800-800-3302 (TDD)

**Food and Drug Administration (FDA)**

Office of Special Health Issues  
Parklawn Building, HF-12  
5600 Fishers Lane  
Rockville, MD  
Phone: 800-FDA-1088  
Internet address: [www.fda.gov](http://www.fda.gov)  
Contact the FDA to report side effects or other problems with drug treatment.

**Food and Nutrition Information Center**

National Agricultural Library/USDA  
10301 Baltimore Avenue, Room 304  
Beltsville, MD 20705-2351  
Internet address: [www.nal.usda.gov/fnic/pubs/bibs/gen/dietsupp.html](http://www.nal.usda.gov/fnic/pubs/bibs/gen/dietsupp.html)  
This site provides a dietary supplement resource list.

**National Center for Complementary and Alternative Medicine Clearinghouse**

Phone: 888-644-6226  
Internet address: [www.nccam.nih.gov](http://www.nccam.nih.gov)  
You can request free information either on-line or by phone.

**National Council Against Health Fraud**

Phone: 909-824-4690

**National Digestive Diseases Info Clearinghouse**

Phone: 301-654-3810  
Internet address: [nddic@info.niddk.nih.gov](mailto:nddic@info.niddk.nih.gov)  
You can request free information either on-line or by phone.

**National Foundation for Infectious Diseases**

Phone: 301-656-0003  
Internet address: [www.nfid.org](http://www.nfid.org)

**National Institutes of Health**

Phone: 301-496-1776  
Internet address: [www.nih.gov](http://www.nih.gov)

**National Library of Medicine**

Internet address: [www.nlm.nih.gov](http://www.nlm.nih.gov)

**Social Security Disability Line**

Phone: 800-772-1213

**U.S. Department of Health and Human Services**

Internet address: [www.healthfinder.com](http://www.healthfinder.com)

## PHARMACEUTICAL COMPANIES

### **Roche Patient Assistance Program**

Roche Hotline: 877-734-2797

Internet address: [www.pegassist.com](http://www.pegassist.com)

### **Schering "Be in Charge" Program**

Phone: 888-437-2608

"Commitment to Care": 800-521-7157

Internet address: [www.beincharge.com](http://www.beincharge.com)

### **Three Rivers Pharmaceuticals Infergen® Aspire Nursing and Reimbursement Program**

Phone: 888-668-3393

Internet address: <http://www.infergen.com>

## RECOMMENDED READING

### **Books on Hepatitis C**

*Healing Hepatitis C with Modern Chinese Medicine*, Qingcai Zhang, M.D., Sino-Med Institute, New York, NY 2000.

*Hepatitis and Liver Disease; What You Need to Know*, Melissa Palmer, MD, Avery. Vonore, TN 2000.

*Hepatitis C*, T. Liang, J. Hoofnagle, et al, Academic Press, San Diego, CA 2000.

*Living with Hepatitis C: A Survivor's Guide*, Gregory T. Everson, Hedy Weinberg, John M. Vierling, Hatherleigh, Long Island City, NY 1999.

*My Mom Has Hepatitis C*, Hedy Weinberg, and Shira Shump, Hatherleigh, Long Island City, NY 2000.

*The Hepatitis C Handbook*, Matthew Dolan, Iain M. Murray-Lyon, John Tindall, North Atlantic Books, Berkeley, CA 1999.

*The Hepatitis C Help Book: A Groundbreaking Treatment Program Combining Western and Eastern Medicine for Maximum Wellness and Healing*, Revised Edition, Misha Ruth Cohen, Robert G., M.D Gish, Kalia Doner (Contributor), St. Martins Griffin, New York, NY 2007.

### **Other Health Care Books**

*Alternative Medicine: The Definitive Guide*, Burton Goldberg Group, Future Medicine Publishing, Tiburon, CA 1994.

*Between Heaven and Earth: A guide to Chinese Medicine*, Harriet Beinfield, L.Ac., Efrem Korngold, O.M.D., L.Ac., Ballantine Books, New York, NY 1991.

*Chinese Herbal Medicine, Formulas and Strategies*, Compiled and translated by Dan Bensky and Andrew Gamble, with Ted Kaptchuk, Eastland Press, Vista, CA 1986.

*The Chinese Way to Healing: Many Paths to Wholeness*, Misha Cohen, O.M.D., L.Ac., Penquin Putnam, New York, NY 1996.

*Complete Drug Reference, United States Pharmacopeia 2002*. Rockville, MD 2002. (This is an annual publication.)

*Discovering Homeopathy: Medicine for the 21st Century*, Dana Ullman and Ronald W. Davey, North Atlantic Books, Berkeley, CA 1991.

*Eat, Drink and be Wary*, T. Graedon, Rodale Inc., Emmaus, PA 2000.

*Eating Well for Optimum Health: The Essential Guide to Food, Diet, and Nutrition*, Andrew Weil, Alfred A Knopf, New York, NY 2000.

*The Encyclopedia of Natural Medicine*, M. Murray and J. Pizzorno, Prima Publishing, Roseville, CA 1997.

*The Green Pharmacy*, J. Duke, St. Martin's Press New York, NY 1998.

*Healing and The Mind*, Moyers, Bill, Doubleday, New York, NY. 1993.

*The HIV Wellness Sourcebook*, Misha Cohen, Henry Holt and Company, New York, NY 1998.

*Homeopathic Methodology: Repertory, Case Taking, and Case Analysis: An Introductory Homeopathic Workbook*, M.D., Todd Rowe, Todd Rowe, Roger Morrison, North Atlantic Books, Berkeley, CA 1998.

*The Illustrated Encyclopedia of Healing Remedies; Over 1000 natural remedies for the prevention, treatment, and cure of common ailments and conditions*. CN Shealy, Shaftsbury, Dorset, Elephant Books, Gilroy, CA 1998.



- Love, Medicine, and Miracles*, Siegel, Bernie, MD., HarperCollins Publishers. New York, NY. 1986.
- Natural Health, Natural Medicine: A Comprehensive Manual for Wellness and Self-Care*, Andrew Weil, Houghton Mifflin Co., Boston, MA 1998.
- PDR for Herbal Medicines*, J. Gruenwald et al, Medical Economics Co., Montvale, NJ 1998.
- The People's Pharmacy to Home and Herbal Remedies*, J. Graedon and T. Graedon, St. Martin's Press, New York, NY 1999.
- Physicians' Desk Reference (PDR®)*, Medical Economics Co., Montvale, NJ 2004. (This is an annual publication.)
- Pocket Manual of Meterica Medica with Repertory*, Boericke, William, M.D., Jain, 1982.
- Quantum Healing*, Deepak Chopra, Bantam Books, New York, NY 1989.
- Repertory of the Homoeopathic Materia Medica*, J.T. Kent , South Asia Books, Columbia, MO 1994.
- Return of the Rishi*, Deepak Chopra, Houghton Mifflin Co., Boston, MA 1988.
- The Web That Has No Weaver*, Ted Kaptchuk, Contemporary Books, Chicago, IL 1983.
- Why People Don't Heal and How they Can*, Myss, Caroline, Ph.D., Three Rivers Press, New York NY. 1997.

