



Case Managers

GREENLIGHT HEPATITIS C – BABY BOOMERS

HCV test for ALL patients born between 1945-1965¹

TEST → IDENTIFY → REFER → CURE

Hepatitis C (HCV) kills more Americans than all other infectious diseases combined,² but you can help save lives.

BE A CHAMPION:

- ✓ **GREENLIGHT HCV** - let everyone know you prioritize HCV testing
- ✓ **RECOGNIZE** Age **IS** the risk factor
- ✓ **DISCUSS** ways to make HCV testing and education a ROUTINE part of your programs
- ✓ **PROMOTE** the CDC recommended 1-time HCV test with other “boomer” services, like colonoscopy
- ✓ **INTEGRATE** HCV information and education into client conversations

LEARN:

- ✓ About 1 in 30 Boomers has HCV
- ✓ Most with HCV have no obvious symptoms nor know how they were exposed
- ✓ Treatment can cure most people quickly with few side effects
- ✓ Most Insurance companies cover full cost of 1-time baby boomer HCV testing
- ✓ There are existing programs and community resources you can leverage to support your clients
- ✓ How to interpret test results and how to communicate them clearly with clients
- ✓ **DISTRIBUTE** information to clients
- ✓ **DISCUSS** why HCV testing is important
- ✓ **REMIND** clients there is a **CURE** for HCV
- ✓ **HELP** clients schedule HCV testing
- ✓ **REVIEW** test results and counseling information with clients



A few small steps can take your practice a long way toward preventing liver disease and liver cancer.

¹<http://www.cdc.gov/nchstp/newsroom/2016/hcv-press-release.html>

²<http://www.cdc.gov/knowmorehepatitis/Media/PDFs/FactSheet-boomers.pdf>



The Greenlight Series was developed to help you make sure your HCV systems are set on GO!



SHAPE (Supporting Hepatitis Awareness through Program Enhancement) is a project of Caring Ambassadors Program, a nonprofit organization empowering people to be ambassadors for their own health since 1997.

www.caringambassadors.org





GREENLIGHT HEPATITIS C – BABY BOOMERS

HOW CAN YOU INCORPORATE HCV TESTING IN YOUR PRACTICE?

FREE resources are available.

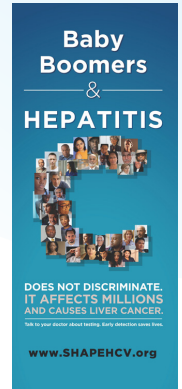
Visit www.CaringAmbassadors.org to view and order materials to help you:

INCREASE AWARENESS

- ✓ **INFORMATION STATIONS** - display brochures & posters
- ✓ **DISTRIBUTE** educational material to all staff

PROMOTE TESTING

- ✓ **ENCOURAGE** clients to request HCV testing from healthcare providers
- ✓ **DISTRIBUTE** "request HCV test" cards*
- ✓ **CONNECT** with state or local health departments and viral hepatitis coordinators
- ✓ **IDENTIFY** agencies conducting community-based testing
- ✓ **CONSIDER** adding HCV ab testing to other screenings (like BP and diabetes)




Take One and Share This with Your Physician *Request that the hepatitis C antibody test be done as part of your visit today!*

75% of those who have hepatitis C were born between 1945 and 1965. You could be one of them. Your age puts you at risk.

Not a Baby Boomer? Additional risks are:

- Served in the military, especially Vietnam
- Received blood or blood products prior to 1992
- Shared paraphernalia while using or experimenting with drugs



www.SHAPEHCV.org

COORDINATE TESTING

- ✓ **SCHEDULE** testing events with community agencies
- ✓ **DEVELOP** testing procedures within YOUR organization
- ✓ **PREPARE** to discuss test results with your clients

COUNSEL and REFER

- ✓ **REMINDE** clients that HCV can be CURED
- ✓ **EDUCATE** clients that they can be reinfected
- ✓ **ENGAGE** your clients in follow-up care

Test	Result	Meaning	Take-Home Message*
Hepatitis C antibody	Positive	Positive for hepatitis C antibody	<ul style="list-style-type: none"> • To your doctor • To your health care provider • To your family • To your friends
Hepatitis C antibody	Negative	Negative for hepatitis C antibody	<ul style="list-style-type: none"> • You may not have hepatitis C • You may not have been exposed to hepatitis C • You may not have been infected with hepatitis C • You may not have been tested correctly • You may not have been tested at the right time • You may not have been tested at the right place • You may not have been tested at the right time • You may not have been tested at the right place
Hepatitis C RNA	Positive	Positive for hepatitis C RNA	<ul style="list-style-type: none"> • You have hepatitis C • You should see your doctor • You should get tested for hepatitis C • You should get tested for hepatitis C • You should get tested for hepatitis C • You should get tested for hepatitis C
Hepatitis C RNA	Negative	Negative for hepatitis C RNA	<ul style="list-style-type: none"> • You may not have hepatitis C • You may not have been exposed to hepatitis C • You may not have been infected with hepatitis C • You may not have been tested correctly • You may not have been tested at the right time • You may not have been tested at the right place • You may not have been tested at the right time • You may not have been tested at the right place

Key Messages for Patients

- There is a cure for hepatitis C
- Seek treatment and remain under the care of a healthcare provider when living with hepatitis C
- Eat a healthy, low-fat diet
- Stay active, exercise regularly
- Get vaccinated for hepatitis A and B
- Avoid from using alcohol, tobacco, and other substances
- Don't share needles, equipment, razors, toothbrushes, or other items that may have blood on them
- Only receive tattoos and piercings from licensed artists and shops

www.SHAPEHCV.org



Visit CDC.gov/hepatitis and your local health department for additional information



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